

**Jason A. Ohayon MD FRCP(C) FAAP**  
Consulting Allergy and Clinical Immunology

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1685 Main St. West Suite 201 Hamilton, ON L8S 1G5 905-777-0088, fax 905-777-0018

Dear

You are currently being worked up for chronic urticaria ("hives"). In order to assess the severity of hives and impact on your health, we require you to complete the below scale **DAILY** for seven days. Scores can be in the range of 0-6 per day.

Scale (Urticaria Activity Score):

<b>Score</b>	<b>(A) Hives</b>	<b>(B) Pruritis (itch)</b>
0	None	None
1	Mild (less than 20 hives/24 hours)	Mild (present but not annoying or troublesome)
2	Moderate (20-50 hives/24 hours)	Troublesome but does not interfere with sleep
3	Intense (>50 hives/24 hours or large confluent areas of wheals)	Severe pruritis, which is sufficiently troublesome to interfere with normal daily activity or sleep

<b>Day</b>	<b>Date (dd/mm/yy)</b>	<b>Hives (A) Score</b>	<b>Itch (B) Score</b>	<b>Total Score (A+B)</b>
1				
2				
3				
4				
5				
6				
7				

*Example:*

Day 1, 5 hives present (score of 1 for column A) but annoyingly itchy (score of 2 for column B). Total Score for Day 1 is 3.

Etc.

Please contact the office if you require any clarification. Please email back the information.

Patient Name:

\_\_\_\_\_  
Signature of Patient

Thank you,

Dr. Ohayon and Staff